

Personal Excellence

Personal Excellence is a ground-breaking course designed for the New World of Work, a world which is fast-moving, rapidly changing and one in which increasing numbers are finding it difficult to manage the pace and find their place.

A fresh way of thinking

Personal Excellence encourages an individual to take responsibility for the direction of their Life and any 'stress' that might cause, to constantly improve their effectiveness, to develop excellent personal leadership skills and ultimately and most importantly to ensure congruence between their personal goals and their work goals. Personal Excellence delivers powerful results because it is pragmatic and immediately applicable and is a true 'win-win' programme for both employer and employee.

Personal Excellence

Personal Excellence is intended to instil the essentials of personal leadership; it covers six essential themes:

Content

Theme 1: The New World of Work and how it is here to stay.

The world of work is changing fundamentally and rapidly. The consequences of this are many but include (1) the necessity to plan carefully to ensure future employability (2) the necessity to manage potential stress and work/life balance and (3) the requirement to realise that many of our previous working practices are no longer effective.

Theme 2: You can't necessarily change the market or the whole culture.

So change your mindset. How mindset drives behaviour drives results. How to develop more empowering beliefs; how to reduce and eliminate limiting beliefs. How to use the full brain potential including reflective intelligence and emotional intelligence.

Theme 3: Focus management rather than time management.

Accept that there never will be enough time. No, it's no longer about time management, it's about focus or direction management.

Theme 4: Dealing with people in a win-win way.

People are different: many are busy and or stressed. How to deal with them in a way that makes each successive interaction easier and more effective.

Theme 5: Lifelong learning and never-ending investment in you.

Decide to develop your skill-set, especially your emotional intelligence. Accelerated learning strategies. Personal investment. How to work with the 7 drivers of change in the New World of Work: (1)Acceleration (2)Automation (3)Alternate Shores (4)Abundance (5)Ambiguity (6)Anarchy (7)Adrenalin.

Theme 6: Getting your personal goals congruent: set your Personal Compass.

Everything becomes so much easier when you have set your Personal compass: getting clear on where you want to go and how you want to get there.

STYLE

2-day. Fast-moving, 'immersive', pragmatic, action-based, highly enjoyable. Personal Excellence is run by Nicholas Bate.

Nicholas Bate

A pioneering 'thought leader', Nicholas has introduced and worked with his clients on concepts such as:
The New World of Work and the 7 Drivers of Radical Change.

Work-Life balance.

Excellence is a Mindset.

Consistently rated as an inspirational yet highly pragmatic speaker, Nicholas teaches around the world and is particularly skilled at working with large audiences in an experiential and engaging manner.

He is author of of seven acclaimed books:

Being the Best: how to realise and release your true potential

Get A Life: how to achieve the work-life balance you are seeking

IfDI: Just Do It: the definitive guide to enabling your vision

Unplugged: the time for personal re-invention is now

Have it your way: how to influence anyone about anything

Beat the Recession 2008: a blueprint for success in tough times

MBA: MBA thinking quickly

As well as a series of mini-books:

RainMaker: Consultative Selling

Boost your Productivity: Focus Management

The Rules of Life

14 Rules for Radicals

Blackberry Fool

How to think like

You were there

Morph!

He is visiting lecturer on the Warwick MBA Programme (full-time, part-time and IBM) and a personal coach to many senior people in the industry.

Nicholas carried out research in the field of Molecular Biophysics at Magdalen College, Oxford University and is an NLP Master Practitioner, MBTI (levels 1 and 2) accredited and a qualified (PGCE) teacher. As well as instigating the Strategic Edge research programme, he has spent time studying with many of the recognised practitioners in the fields of business and personal development.